

For further information:

P: 06 878 8109 ext. 5761

W: www.tewhatauora.govt.nz

Health New Zealand
Te Whatu Ora

January 2025



Over Toilet Frame

Instructions for using an
over toilet frame at home

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Te Whatu Ora

Instructions for using an over toilet frame at home

To adjust height:



- Push in the metal buttons on the leg.
- Set legs at the height to suit the person using the frame.
- Click the buttons into the correct holes. Make sure buttons are completely popped out.
- Make sure all four legs are the same height.
- One leg has extra holes - this is used to adjust the stool for uneven surfaces.

To use frame:



- Make sure feet are flat on floor and hips are above the knees.
- Always use two hands to push off the frames arms as it can tip.
- The toilet seat may need to be removed or fit the frame.
- **MAXIMUM WEIGHT CAPACITY IS 115KG.**
DO NOT USE FRAME IN THE SHOWER OR BATH.

Additional information from your Occupational Therapist:

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If you have any questions or require further advice please ring the Hawke's Bay Hospital Equipment Loan Store
P: 06 878 8109 ext. 5761