

For further information:

P: 06 878 8109 ext. 5761

W: www.tewhatauora.govt.nz

Health New Zealand
Te Whatu Ora

January 2025



Bed Lever

Instructions for setting up
a bed lever at home

Health New Zealand
Te Whatu Ora

Instructions for setting up a bed lever at home

To fit bed lever:



- Lift up mattress and place wooden board between the mattress and bed base.



- The bed lever should be placed at the top of the bed around shoulder level.

To get out of bed:



- Hold onto the bed lever and use your arms to roll onto your side.



- Hold onto the bed lever and swing your legs over the edge of the bed into a sitting position.
- You can use the lever to push up on and help stand from the bed.
- Bed lever can be used with one arm.
- **MAXIMUM WEIGHT CAPACITY IS 150KG.**

Additional information from your Occupational Therapist:

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If you have any questions or require further advice please ring the Hawke's Bay Hospital Equipment Loan Store
P: 06 878 8109 ext. 5761