Be sure to enter the

FALLS PREVENTION POSTER COMPETITION

Be into win an Activity Tracker

Best three posters will be printed and displayed around the hospital

Create a poster to raise awareness of fall prevention, focussing on 'Move to Improve' using balance and strength.



Please submit your entry with your contact details by 28th April to email: barbara.ryan@hbdhb.govt.nz or hard copy to: Barbara Ryan, Office 58, Cashmore 2nd floor

Winner will be announced early May.