# **Referral Pathway for the Pulmonary Long-Term Management Programme**

#### Should you refer?

#### YES if the patient has:

- COPD (spirometry result = FEV1 <80% of predicted and FEV1/FVC ratio <70%).
- OR confirmed diagnosis of any restrictive or obstructive disease. ideally with lung function test
- · OR confirmed diagnosis of a respiratory disease with upcoming surgery which will require breathing control or anaesthesia.

#### NO if the patient has had:

- Myocardial infarction within four weeks
- OR Unstable angina
- OR Uncontrolled hypotension or hypertension
- OR Cataract surgery within the last four weeks.

### Send referral\*



Within 1 - 5 working days

- \* Refer by sending a Community Nursing Referral form
  - By email to pulmonarymanagement @hbdhb.govt.nz
  - Or by fax to 06 878 1310
  - Or via MedTech (outbox > new > search for "community nursing")

Triage phone call + **Initial appointment** time given



First appointment & initial assessment



**Determining** severity







### **Low impact**

Hauora Taupori

- 1. Patient assessment
- 2. Discharge back to GP for ongoing support

### **Medium impact**

Kaitautoko

- 1. Patient assessment
- plans for the individual patient (2-5 visits)
- · support for the whanau

#### 2. Pulmonary rehabilitation

- - · understanding the condition
  - · self-management skills
  - 2x 1 hour/week for 10 weeks
- Exercises
  - 2x 1 hour-/week for 10 weeks
- 3. Cutomized programme · at home or aged care facility

## **High impact**

Take Whāwhai

- 1. Patient assessment
- 2. Home visits
- 3. Attempt to rehabilitate to the medium-impact group



Created by Tairawhiti Interprofessional Education Programme students Sumedh Kanade, Emily Dalby, Merryn Wilson van Duin, Lexi Bian, Alex Jones. 2016