

A “worry chart”...

The child in front of me has symptoms...

...should I worry?



	Green – low risk	Amber – intermediate risk	Red – high risk
<b>Colour (of skin, lips or tongue)</b>	<ul style="list-style-type: none"> <li>• Normal colour</li> </ul>	<ul style="list-style-type: none"> <li>• Pallor reported by parent/carer</li> </ul>	<ul style="list-style-type: none"> <li>• Pale/mottled/ashen/blue</li> </ul>
<b>Activity</b>	<ul style="list-style-type: none"> <li>• Responds normally to social cues</li> <li>• Content/smiles</li> <li>• Stays awake or awakens quickly</li> <li>• Strong normal cry/not crying</li> </ul>	<ul style="list-style-type: none"> <li>• Not responding normally to social cues</li> <li>• No smile</li> <li>• Wakes only with prolonged stimulation</li> <li>• Decreased activity</li> </ul>	<ul style="list-style-type: none"> <li>• No response to social cues</li> <li>• Appears ill to a healthcare professional</li> <li>• Does not wake or if roused does not stay awake</li> <li>• Weak, high-pitched or continuous cry</li> </ul>
<b>Respiratory</b>		<ul style="list-style-type: none"> <li>• Nasal flaring</li> <li>• Tachypnoea: RR &gt; 50 breaths/minute, age 6–12 months RR &gt; 40 breaths/minute, age &gt; 12 months</li> <li>• Oxygen saturation ≤ 95% in air</li> <li>• Crackles in the chest</li> </ul>	<ul style="list-style-type: none"> <li>• Grunting</li> <li>• Tachypnoea: RR &gt; 60 breaths/minute</li> <li>• Moderate or severe chest indrawing</li> </ul>
<b>Circulation and hydration</b>	<ul style="list-style-type: none"> <li>• Normal skin and eyes</li> <li>• Moist mucous membranes</li> </ul>	<ul style="list-style-type: none"> <li>• Tachycardia: &gt; 160 beats/minute, age &lt; 1 year &gt; 150 beats/minute, age 1–2 years &gt; 140 beats/minute, age 2–5 years</li> <li>• CRT ≥ 3 seconds</li> <li>• Dry mucous membranes</li> <li>• Poor feeding in infants</li> <li>• Reduced urine output</li> </ul>	<ul style="list-style-type: none"> <li>• Reduced skin turgor</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• None of the amber or red symptoms or signs</li> </ul>	<ul style="list-style-type: none"> <li>• Age 3–6 months, temperature ≥ 39°C</li> <li>• Fever for ≥ 5 days</li> <li>• Rigors</li> <li>• Swelling of a limb or joint</li> <li>• Non-weight bearing limb/not using an extremity</li> </ul>	<ul style="list-style-type: none"> <li>• Age &lt; 3 months, temperature ≥ 38°C</li> <li>• Non-blanching rash</li> <li>• Bulging fontanelle</li> <li>• Neck stiffness</li> <li>• Status epilepticus</li> <li>• Focal neurological signs</li> <li>• Focal seizures</li> </ul>