

Corporate Services



21 October 2021

Dear [REDACTED]

YOUR OFFICIAL INFORMATION ACT (1982) REQUEST HBDHB REF: OIA2021127

I refer to your Official Information Act request dated 27 September 2021 where you requested information from Hawke's Bay District Health Board (HBDHB). Your questions and HBDHB's response is provided below:

1. Please advise (Y/N) whether the following gender-affirming healthcare treatments are provided by your DHB for transgender patients:

Treatment	Yes	No	Notes
<i>Voice therapy/vocal training.</i>	Yes		
<i>Permanent facial hair removal by electrolysis, IPL, or laser treatment.</i>		No	
<i>Chest binding prosthetics (binders).</i>		No	
<i>Chest reconstruction (double mastectomy & contouring for transgender men).</i>	Yes		Limited
<i>Breast augmentation for transgender women.</i>	Yes		Limited (breast implants/augmentation go to Hutt Valley DHB)
<i>Fertility preservation for sperm.</i>		No	
<i>Fertility preservation for eggs.</i>		No	
<i>GnRH Puberty suppressants (puberty blockade).</i>	Yes		
<i>Readiness assessment for hormone therapy.</i>	Yes		Limited
<i>Hormone therapy (estrogen, progesterone, and testosterone treatment).</i>	Yes		
<i>Hysterectomy and oophorectomy.</i>	Yes		

CHIEF EXECUTIVE'S OFFICE

Hawke's Bay District Health Board

Telephone 06 878 8109 Fax 06 878 1648 Email: ceo@hbdhb.govt.nz; www.hawkesbay.health.nz
Corporate Office, Cnr Omaha Road and McLeod Street, Private Bag 9014, Hastings 4156, New Zealand

Orchidectomy/orchiectomy.	Yes		
DHB public pathway to care	Yes		<i>In progress</i>

2. Are gender-affirming healthcare services under your DHB based on the Guidelines for Gender Affirming Healthcare for Gender Diverse and Transgender Children, Young People and Adults in Aotearoa New Zealand (2018)? If not, which guidelines are they based on, if any?

Hawke's Bay DHB refers to the Guidelines for Gender Affirming Healthcare for Gender Diverse and Transgender Children, Young People and Adults in Aotearoa New Zealand (2018).

3. Are there transgender training programmes routinely provided or promoted through your DHB? If so, which training programmes or materials are used, and which organisations provide these? If not, do you have mechanisms for providing or promoting such training, and is there a date by which you plan to provide these?

Hawke's Bay DHB staff receive training as part of their general medical education and the DHB provides staff with ongoing training via conferences, published guidelines and consultation with larger centres.

Hawke's Bay DHB supports nationally led and funded services for this specialised work.

I trust this information meets your needs. If you would like any further information or clarification please phone me. If you are not satisfied with this response you may contact the Office of the Ombudsman, phone 0800 802 602.

Please note that this response, or an edited version of this response, may be published on Hawke's Bay DHB's website after your receipt of this response.

Yours sincerely



Emma Foster
 Executive Director – Te Puni Toha Ratonga / Planning, Funding & Performance
 Hawke's Bay District Health Board

cc: Ministry of Health via email: SectorOIAs@moh.govt.nz
oiia@hbdhb.govt.nz