

12 March 2021

(name and contact details redacted)

Dear (name redacted)

## **YOUR OFFICIAL INFORMATION ACT (1982) REQUEST HBDHB REF: OIA2021006**

I refer to your Official Information Act request dated 19 January 2021 where you requested information from Hawke's Bay District Health Board (HBDHB). Your questions and HBDHB's response is provided below:

**1. [What is ] The pathway to access specialised eating disorder care within the DHB.**

Patients are referred by a medical professional (for example their GP) to specialist mental health services within Hawke's Bay DHB.

**2. Broken down by age and sex, the current number of people awaiting treatment for eating disorders via that pathway - i.e. through the DHB mental health team, or specialist treatment facility.**

The referral is then either managed by the DHB's mental health services or referred to specialist eating disorder regional services, as appropriate. Due to data coding constraints, the DHB is not able to provide the waitlist information requested, and therefore declines, under sections 18 (e) and 18 (f) of the Official Information Act, relating to information not held in the form requested and/or requiring significant collation or research.

**3. The number of people admitted to hospital (including paediatric hospitals or wards) with an eating disorder or a suspected eating disorder, broken down by name of facility, age and sex, between January 1, 2010 and December 31 2020.**

Gender	Number
Female	40
Male	4
<b>TOTAL:</b>	<b>44</b>

Facility*	Number
Paediatric Ward	14
Acute Assessment Unit	12
HB Hospital Ward	13
Emergency Department Ward	6
Mental Health Inpatient Unit	16
<b>TOTAL:</b>	<b>61</b>

\* The total number of facilities is higher than the number of clients as some clients were admitted more than once and to a different facility .

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Hawke's Bay District Health Board

Age Group**	Number
10 - 14 Years	11
15 - 19 Years	20
20 - 24 Years	10
25 - 29 Years	2
30 - 34 Years	1
35 - 39 Years	1
40 - 44 Years	2
50 - 54 Years	1
<b>TOTAL:</b>	<b>48</b>

*\*\* The total number of age groups is higher because some clients were admitted more than once and changed age group during the period you requested.*

**4. The number of people who have accessed specialised eating disorder services between January 1 2020 and December 31 2020, by inpatient or outpatient status, sex and age.**

Please refer to the information provided above. In addition, for the period requested, there was one admission to Capital and Coast DHB's specialist eating disorder service. Due to the low number of people accessing these services (average <5 per year) Hawke's Bay DHB decline to provide further information, under section 9(2)(a) of the Official Information Act, relating to the privacy of natural individuals.

**5. If not available within the DHB catchment area, where can patients access publicly funded, specialised eating disorder care?**

Regional services are funded via an Inter District Flow process that the DHB contributes to on an annual basis. This provides Hawke's Bay clients access to specialist eating disorder services through Capital and Coast DHB. Any follow up or monitoring required locally is either managed/arranged by the specialist services or managed through the designated GP of the client.

**6. If eating disorder treatment services are contracted out and / or delivered by primary health care providers, please provide the name of the organisation delivering the service.**

Hawke's Bay DHB fund this service. There is no cost to the patient. Refer information provided above.

I trust this information meets your needs. If you would like any further information or clarification please phone me. If you are not satisfied with this response you may contact the Office of the Ombudsman, phone 0800 802 602. Please note that this response, or an edited version of this response, may be published on the Hawke's Bay DHB website after your receipt of this response.

Yours sincerely

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