

HAWKE'S BAY DISTRICT HEALTH BOARD	Manual:	Clinical Practice Guidelines
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BORG SCALE

- 0 No Breathlessness at all
- 0.5 Very Slight (just noticeable)
- 1
- 2 Slight Breathlessness
- 3 Moderate (faster and deeper but able to talk in short sentences)
- 4 Somewhat Severe
- 5 Severe Breathlessness
- 6
- 7 Very Severe Breathlessness
- 8
- 9 Very Very Severe (almost maximum)

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